Again, the 4-H Committee voted to recognize “Extra Effort” 4-H members. These members are to be decided on by the club and can be selected by advisors and/or members. Each club may nominate **one member for every five members** in the club (example - if you have ten members in your club you may nominate two youth, 25 members and you may nominate 5 members, etc.)

The 4-H Committee would like you to consider these qualities of an Extra Effort 4-Her when making your nominations.

- Attends a majority of the meetings
- Participates actively in club events, fundraisers, and meetings
- Takes on leadership roles in the club (elected or non)
- Is a good role model for other 4-Hers
- Goes the extra mile with his or her 4-H project and club participation
- Helps without being asked at club events

Please keep these qualities in mind as you make your selections. This is an optional activity for each club.

To nominate members from your club, please **return** this form by **July 28, 2018**.

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### CLUB NAME

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**Extra Effort Members - One for every five members:**

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<tr>
<th>NAME</th>
<th>YEARS IN 4-H</th>
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